

## Hearts Ablaze Retreat Kit- Ideas for Leaders

We've put all the tools....and all the control in your hands, to create a Retreat experience for you and your ladies. Listed below are some suggestions- use them, move them around, or use your own to tailor make it just for you. (Ideas are for small group and/or large group at church)

**Date:** Pick a date- Friday night, Saturday morning, Sunday night

### Location

- Meet at Church
- Circle up in your living room
- Make it a digital event

### Set Up

Tables, chairs and décor all set the atmosphere for your gathering. It doesn't have to be elaborate, but it does need to be thoughtful. All of these things speak to a woman's heart and are the pathway for her to be able to receive from the Lord in the greatest way possible.

Whether you are outside or inside, set your table and/or chairs in a circle to encourage connection and conversation.

### Hearts Ablaze Decoration Ideas

Keep them consistent with the color scheme of the promotion. This will bring continuity to the Retreat. Keep it simple and keep it fresh!

- Have participant bags (tote, water bottle and pen) at each seat at the table
- Candles in glass jars to reinforce Hearts Ablaze (on fire!)
- Heart decorations like Dove heart-shaped chocolates or Redhots candies. (avoid making it look like Valentine's Day)
- Campfire decorations (goes along with Nonda's message)

### Hearts Ablaze Food Ideas

Have a firepit outside and make s'mores

Order from a restaurant like Panera or Chick-Fil-A

Make a Charcuterie Board with meats, cheeses, nuts OR dessert items

**Schedule A: 10am-2pm**

9:45-10:00 a.m.	Ladies arriving. Have everything done so that you can greet them as they come in.
10:00-10:30 a.m.	Introductions, welcome and prayer
	*If it's a small group, go around and have everyone introduce themselves
	*If large group, have tables introduce themselves to each other.
10:30-10:45	Worship Session on Video
10:45-11:15	Session 1 video with Ashley Bello
11:15-11:45	Group or small group discussion. (Let them process what they've heard)
Break for Lunch	
12:30-1:00	Session 2 Video with Nonda Houston
1:00-1:15	Group/small group discussion
1:15-1:25	Communion Video -don't forget to have elements
1:25-1:45	Prayer and Share time around the table
1:45-2:00	Closing thoughts and dismiss

### **Schedule B: 9-Noon or 1pm-4pm**

Remove lunchtime

### **Schedule C:**

Host on a Friday Night and use Schedule B

Have live worship outside by a fire pit or play on a computer

### **Additional Ideas:**

Include an Ice Breaker

Offering for Missions

Live Worship, if available

Have someone share a specific and encouraging testimony

Include a craft